

# DECEMBER BREAKFAST



Monday	Tuesday	Wednesday	Thursday	Friday
2 Vanilla Concha Cheerios Cereal	3 Pancake Sausage Sandwich Cinnamon Roll Froot Loops Cereal	4 Chocolate Chip Muffin Top Apple Jacks Cereal	5 Yogurt Parfait w/ Granola Frosted Flakes Cereal Egg & Cheese Sandwich (V)	6 Mantecada Muffin Froot Loops Cereal
9 Cinnamon Crumble Froot Loops Cereal	10 Pancakes w/ Syrup (V) Mango Pinnacle Smoothie w/ Granola Frosted Flakes Cereal	11 Banana Bread Cheerios Cereal	12 Sunrise Muffin ←←← <b>Seasonal</b> Frosted Flakes Cereal Sausage Stuffed Waffles	13 Conchita & String Cheese Apple Jacks Cereal
16 Vanilla Concha Cheerios Cereal	17 French Toast w/ Syrup (V) Cinnamon Roll Froot Loops Cereal	18 Chocolate Chip Muffin Top Apple Jacks Cereal	19 Yogurt Parfait w/ Granola Frosted Flakes Cereal Waffle w/ Syrup	20 Mantecada Muffin Froot Loops Cereal
23	<b>WINTER BREAK</b>			27

Breakfast Includes:	Featured Fruit:	RevUp Rewards:
Choice of 1% or Fat Free Milk Fruit of the Day (V) Vegetarian *Cereal Served w/ Honey Grahams *All Grains Are Whole Grain Rich	Whole Apples, Sliced Apples, Applesauce, Bananas, Oranges, Pears, Raisins, 100% Juice  	Scan Our QR Code Daily Complete the Survey <b>You're Entered to Win!</b> Drawings Monthly Learn More and See Prizes: <a href="http://www.revolutionfoods.com/revuprewards">www.revolutionfoods.com/revuprewards</a> 

# DECEMBER LUNCH



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Crispy Chicken Sandwich & Fries Cheeseburger & Fries Turkey & Cheese Torta	Hummus, Flatbread & Egg Kit (V) Lasagna (V) Breakfast for Lunch w/ Potatoes Turkey & Cheese Sub	Bean & Cheese Pupusa w/ Curtido Sesame Beef Bowl w/ Rice & Broccoli Chicken Salad Sandwich "P"B & J Sandwich Kit (V)	Veggie Chef Salad w/ Egg (V) Turkey Nachos w/ Refried Beans Chicken Tamale w/ Beans Turkey & Cheese Cracker Kit	Pepperoni Pizza Beef & Cheese Taco Stick Egg Salad Sandwich (V)
9	10	11	12	13
Hot Dog & Fries Hamburger & Fries Turkey Knot Sandwich	Pasta w/ Meat Sauce Sweet Chili Meatballs w/ Rice * Spicy! Italian Trio Sandwich Cheese Pizza Kit (V)	Teriyaki Chicken w/ Noodles Mac & Cheese (V) Mexican Chicken Salad w/ Chips Turkey & Cheese Cracker Kit	Queso Blanco Chicken Bowl BBQ Chicken w/ Baked Beans & Roll Southwest Chicken Salad w/ Roll Bean & Cheese Pizza Kit (V)	Cheese Pizza (V) Beef & Cheese Burrito Soy Butter Sandwich (V) <b>Holiday Cookie*</b>
16	17	18	19	20
Cheeseburger & Fries Crispy Chicken Sandwich & Fries Turkey & Cheese Torta	Breakfast for Lunch w/ Potatoes Orange Chicken w/ Rice & Broccoli Turkey & Cheese Sub Hummus, Flatbread & Egg Kit (V)	<b>Turkey Holiday Meal</b> ←←← <b>Seasonal</b> Chicken Bites w/ Mashed Potatoes "P"B & J Sandwich Kit (V) Chicken Caesar Salad w/ Croutons	Chicken Tamale w/ Beans Turkey Nachos w/ Refried Beans Veggie Chef Salad w/ Egg Turkey & Cheese Cracker Kit	Grilled Cheese Pepperoni Pizza Soy Butter Sandwich (V)
23	24	25	26	27
<b>WINTER BREAK</b>				

Lunch Includes:	Veg of the Day:	Featured Fruit:	RevUp Rewards:
Choice of 1% or Fat Free Milk Fruit & Vegetable of the Day (V) Vegetarian *May include an extra 1/2 cup veg for compliance *All Grains Are Whole Grain Rich	<b>Monday:</b> French Fries <b>Tuesday:</b> Carrots <b>Wednesday:</b> Crunchy Beans <b>Thursday:</b> Cucumber / Celery <b>Friday:</b> Side Salad w/ Dressing	Apples, Applesauce, Bananas, Oranges, Pears, Raisins, 100% Juice <b>Seasonal: Mandarins &amp; Tangerines, Persimmons</b>	Scan Our QR Code Daily Rate the Meal You Ate <b>You're Entered to Win!</b> Drawings Monthly Learn More and See Prizes: <a href="http://www.revolutionfoods.com/revuprewards">www.revolutionfoods.com/revuprewards</a>

