

MARK WEST UNION SCHOOL DISTRICT

May 2024

Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
FEATURED ENTREE OF THE DAY				
29-Apr	30-Apr	1-May	2-May	3-May
Cheerios Cereal w/ Honey Grahams	Vanilla Concha	Frosted Flakes Cereal w/ Honey Grahams	Blueberry Muffin	Cinnamon Chex Cereal w/ Honey Grahams
Cinnamon Crumble	Egg & Cheese Burrito	Banana Bread	Waffles Syrup	Cranberry Oatmeal Round
Orange & Apple	Orange & Pear	100% Fruit Juice & Apple	Banana & Pear	Pear & Apple
6-May	7-May	8-May	9-May	10-May
Cheerios Cereal w/ Honey Grahams	Vanilla Concha	Frosted Flakes Cereal w/ Honey Grahams	Lemon Muffin	Cinnamon Chex Cereal w/ Honey Grahams
Mantecada Sweet Bread	Egg & Cheese Empanada	Cinnamon Roll	Yogurt Parfait w/ Blueberries Cinnamon Granola Cereal	Berry Apple Crisp Bar
Orange & Apple	Orange & Pear	100% Fruit Juice & Apple	Banana & Pear	Pear & Apple
13-May	14-May	15-May	16-May	17-May
Cheerios Cereal w/ Honey Grahams	Vanilla Concha	Frosted Flakes Cereal w/ Honey Grahams	Vanilla Muffin	NI
Cinnamon Delight Bar	Breakfast Cheese Tamale	Yogurt 4oz & Honey Grahams	Scrambled Egg & Cheese Breakfast Sandwich	NC
Orange & Apple	Orange & Pear	100% Fruit Juice & Apple	Banana & Pear	
20-May	21-May	22-May	23-May	24-May
Cheerios Cereal w/ Honey Grahams	Vanilla Concha	Frosted Flakes Cereal w/ Honey Grahams	Blueberry Muffin	Cinnamon Chex Cereal w/ Honey Grahams
Cinnamon Crumble	Egg & Cheese Burrito	Banana Bread	Waffles Syrup	Cranberry Oatmeal Round
Orange & Apple	Orange & Pear	100% Fruit Juice & Apple	Banana & Pear	Pear & Apple
27-May	28-May	29-May	30-May	31-May
Memorial Day	Vanilla Concha	Frosted Flakes Cereal w/ Honey Grahams	Lemon Muffin	Cinnamon Chex Cereal w/ Honey Grahams
	Egg & Cheese Empanada	Cinnamon Roll	Yogurt Parfait w/ Blueberries Cinnamon Granola Cereal	Berry Apple Crisp Bar
	Orange & Pear	100% Fruit Juice & Apple	Banana & Pear	Pear & Apple

All entrées served with choice of 1% milk or fat free milk. All grain items offered are Whole Grain Rich. This institution is an equal opportunity provider. Menus are subject to change without notice.

May 2024

Lunch Menu K-8



Monday	Tuesday	Wednesday	Thursday	Friday
WEEKLY 5 FAVE				
Cheeseburger Oven Baked Fries	Chicken Bites w/ Mashed Potatoes	Chicken Tamale w/ Seasoned Diced Carrots	Turkey Nachos Poptilla Chips	Deep Dish Pepperoni Pizza
COLD ENTREES OF THE DAY				
Turkey & Cheese Torta Side of Baked Fries	Turkey & Cheese Submarine Sandwich Baby Carrots	Vegetable Chef Salad w/ Egg & Cheese Dinner Roll Ranch Dressing	Chicken Salad Sandwich Fava Beans	Chicken Caprese Salad Dinner Roll Italian Dressing
Double Cheese Torta Side of Baked Fries	Soy Butter & Jelly Sandwich Baby Carrots	Build Your Own Cheese Pizza Kit Marinara Sauce	Cheese Submarine Sandwich Fava Beans	Egg Salad Sandwich
FEATURED ENTREE OF THE DAY				
29-Apr	30-Apr	1-May	2-May	3-May
Cheeseburger Oven Baked Fries	Beef Bulgogi Brown Rice Steamed Broccoli	Chicken Tamale w/ Seasoned Diced Carrots	Chicken Burrito Bowl w/ Black Beans & Rice	Beef, Bean & Cheese Burrito
Cheese Melt Oven Baked Fries	Cheese Lasagna w/ Marinara Sauce	Cheese Enchilada w/ Creamy Green Salsa	Cheese Tamale w/ Black Beans	Grilled Cheese Sandwich
Baby Carrots	Baby Carrots	Roasted Chickpeas	Celery Sticks	Romaine Side Salad w/ Ranch
100% Fruit Juice	Orange	Banana	Apple	Orange
6-May	7-May	8-May	9-May	10-May
Chicken Patty Burger Oven Baked Fries	Chicken Alfredo Pasta w/ Steamed Broccoli	Teriyaki Chicken w/ Yakisoba Noodles Cabbage & Carrots	Fajita Chicken w/ Pinto Beans Poptilla Chips	Cheeseburger Mac & Cheese
Cheese Melt Oven Baked Fries	Cheese Lasagna w/ Marinara Sauce	Bean & Cheese Pupusa Salsa Cup	Cheese Tamale w/ Black Beans	Deep Dish Cheese Pizza
Baby Carrots	Baby Carrots	Roasted Chickpeas	Celery Sticks	Romaine Side Salad w/ Ranch
100% Fruit Juice (No Juice Apple 1/2 ct)	Orange	Banana	Apple	Orange
13-May	14-May	15-May	16-May	17-May
Hot Dog Oven Baked Fries	Chicken Teriyaki Not So Fried Rice Diced Carrots	Chicken Enchilada w/ Creamy Green Salsa	Turkey Nachos Poptilla Chips	NO NON
Cheese Melt Oven Baked Fries	Cheese Lasagna w/ Marinara Sauce	Bean & Cheese Pupusa Salsa Cup	Cheese Tamale w/ Black Beans	
Baby Carrots	Baby Carrots	Roasted Chickpeas	Cucumber Slices w/ Tajin	
100% Fruit Juice	Orange	Banana	Apple	
20-May	21-May	22-May	23-May	24-May
Cheeseburger Oven Baked Fries	Beef Bulgogi Brown Rice Steamed Broccoli	Penne Pasta w/ Meatsauce	Chicken Burrito Bowl w/ Black Beans & Rice	Beef, Bean & Cheese Burrito
Cheese Melt Oven Baked Fries	Cheese Lasagna w/ Marinara Sauce	Cheese Enchilada w/ Creamy Green Salsa	Cheese Tamale w/ Black Beans	Grilled Cheese Sandwich
Baby Carrots	Baby Carrots	Roasted Chickpeas	Cucumber Slices w/ Tajin	Romaine Side Salad w/ Ranch
100% Fruit Juice	Orange	Banana	Apple	Orange
27-May	28-May	29-May	30-May	31-May
Memorial Day	Cheeseburger Oven Baked Fries	Teriyaki Chicken w/ Yakisoba Noodles Cabbage & Carrots	Fajita Chicken w/ Pinto Beans Poptilla Chips	Cheeseburger Mac & Cheese
	Cheese Melt Oven Baked Fries	Bean & Cheese Pupusa Salsa Cup	Cheese Tamale w/ Black Beans	Deep Dish Cheese Pizza
	Baby Carrots	Roasted Chickpeas	Celery Sticks	Romaine Side Salad w/ Ranch
	Orange	Banana	Apple	Orange

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