



SEPTEMBER BREAKFAST



Monday	Tuesday	Wednesday	Thursday	Friday
2 	3 Breakfast Burrito (V) Mantecada Muffin Froot Loops Cereal	4 Pancake Sausage Sandwich Yogurt Parfait w/ Granola Cinnamon Chex Cereal	5 Egg & Cheese Sandwich (V) Blueberry Muffin Apple Jacks Cereal	6 Cinnamon Roll Froot Loops Cereal Egg & Cheese Empanada (V)
9 Cinnamon Crumble Froot Loops Cereal Egg & Cheese Sandwich (V)	10 Yogurt Cup & Granola Cinnamon Chex Cereal Pancakes w/ Syrup (V)	11 Egg Scramble w/ Potatoes Banana Bread Cheerios Cereal	12 Sunrise Muffin ←←←Seasonal Cinnamon Chex Cereal Breakfast Burrito (V)	13 Waffle w/ Syrup (V) Conchita & String Cheese Apple Jacks Cereal
16 French Toast w/ Syrup (V) Vanilla Concha Cheerios Cereal	17 Mantecada Muffin Froot Loops Cereal Breakfast Burrito (V)	18 Yogurt Parfait w/ Granola Cinnamon Chex Cereal Pancake Sausage Sandwich	19 Chocolate Chip Muffin Top Apple Jacks Cereal Egg & Cheese Sandwich (V)	20 Egg & Cheese Empanada (V) Cinnamon Roll Froot Loops Cereal
23 Egg & Cheese Sandwich (V) Cinnamon Crumble Froot Loops Cereal	24 Pancakes w/ Syrup (V) Yogurt Cup & Granola Cinnamon Chex Cereal	25 Banana Bread Cheerios Cereal Egg Scramble w/ Potatoes	26 Cinnamon Chex Cereal Breakfast Burrito (V) Sunrise Muffin ←←←Seasonal	27 Conchita & String Cheese Apple Jacks Cereal Waffle w/ Syrup (V)
30 Cheerios Cereal Vanilla Concha French Toast w/ Syrup (V)	1 Breakfast Burrito (V) Mantecada Muffin Froot Loops Cereal	2 Pancake Sausage Sandwich Yogurt Parfait w/ Granola Cinnamon Chex Cereal	3 Blueberry Muffin Apple Jacks Cereal Egg & Cheese Sandwich (V)	4 No School-Parent/Teacher Conferences

Breakfast Includes:	Featured Fruit:	RevUp Rewards:
Choice of 1% or Fat Free Milk Fruit of the Day (1 cup) (V) Vegetarian Hot Meal All Cold Breakfasts are Vegetarian *Cereal Served w/ Graham Cracker	Whole Apples, Sliced Apples, Applesauce, Bananas, Dried Cranberries, Oranges, Pears, 100% Juice  	Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards 

SEPTEMBER LUNCH



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
	Crispy Chicken Sandwich & Fries Cheeseburger & Fries Turkey & Cheese Torta	Sesame Beef Bowl w/ Rice Bean & Cheese Pupusa w/ Curtido (V) Chicken Salad Sandwich "P"B & J Sandwich Kit (V)	Turkey Nachos w/ Refried Beans Chicken Tamale w/ Beans Veggie Chef Salad w/ Egg (V) Turkey & Cheese Cracker Kit	Beef & Cheese Taco Stick Pepperoni Pizza Egg Salad Sandwich (V)
9	10	11	12	13
Hot Dog & Fries Hamburger & Fries Turkey Knot Sandwich	Pasta w/ Meat Sauce Chicken Bites w/ Mashed Potatoes Italian Trio on Cheesy Focaccia Cheese Pizza Kit (V)	Teriyaki Chicken w/ Noodles Beef Birria Tacos ←←←Seasonal Mexican Chicken Salad w/ Chips Turkey & Cheese Cracker Kit	Queso Blanco Chicken Bowl BBQ Chicken w/ Baked Beans & Roll Southwest Chicken Salad w/ Roll Bean & Cheese Pizza Kit (V)	Cheese Pizza (V) Beef & Cheese Burrito Soy Butter Sandwich (V)
16	17	18	19	20
Cheeseburger & Fries Crispy Chicken Sandwich & Fries Turkey & Cheese Torta	Breakfast for Lunch w/ Potatoes Mac & Cheese w/ Peas (V) Turkey & Cheese Sub Hummus, Flatbread & Egg Kit (V)	Orange Chicken w/ Rice & Broccoli Bean & Cheese Pupusa w/ Curtido (V) "P"B & J Sandwich Kit (V) Chicken Caesar Salad w/ Croutons	Chicken Tamale w/ Beans Turkey Nachos w/ Refried Beans Veggie Chef Salad w/ Egg (V) Turkey & Cheese Cracker Kit	Grilled Cheese (V) Pepperoni Pizza Egg Salad Sandwich (V)
23	24	25	26	27
Hamburger & Fries Turkey Knot Sandwich Hot Dog & Fries	Chicken Bites & Mashed Potatoes Pasta w/ Meat Sauce Cheese Pizza Kit (V) Italian Trio on Cheesy Focaccia	Mexican Chicken Salad w/ Chips Beef Birria Tacos ←←←Seasonal Teriyaki Chicken & Noodles Turkey & Cheese Cracker Kit	BBQ Chicken w/ Baked Beans & Roll Queso Blanco Chicken Bowl Southwest Chicken Salad w/ Roll Bean & Cheese Pizza Kit (V)	Beef & Cheese Burrito Cheese Pizza (V) Soy Butter Sandwich (V)
30	1	2	3	4
Crispy Chicken Sandwich & Fries Cheeseburger & Fries Turkey & Cheese Torta	Hummus, Flatbread & Egg Kit (V) Lasagna (V) Breakfast for Lunch w/ Potatoes Turkey & Cheese Sub	Bean & Cheese Pupusa w/ Curtido (V) Sesame Beef Bowl w/ Rice & Broccoli Chicken Salad Sandwich "P"B & J Sandwich Kit (V)	Veggie Chef Salad w/ Egg (V) Turkey Nachos w/ Refried Beans Chicken Tamale w/ Beans Turkey & Cheese Cracker Kit	No School-Parent/Teacher Conferences
Lunch Includes:	Veg of the Day:	Featured Fruit:	RevUp Rewards:	
Choice of 1% or Fat Free Milk Fruit & Vegetable of the Day (V) Vegetarian *May include an extra 1/2 cup veg for compliance	Monday: French Fries & Carrots Tuesday: Carrots Wednesday: Crunchy Beans Thursday: Cucumber / Celery Friday: Side Salad w/ Dressing	Apples, Bananas, Oranges, Pears, 100% Juice Seasonal: Grapes & Watermelon 	Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards 	