

MARK WEST UNION SCHOOL DISTRICT

Lunch Menu

AUGUST 2023

Monday	Tuesday	Wednesday	Thursday	Friday
WEEKLY 5 FAVE				
Cheeseburger Oven Baked Fries	Baked Ziti w/ Meat Sauce	Chicken Tamale w/ Seasoned Corn	Turkey Nachos Poptillas	Deep Dish Pepperoni Pizza
SANDWICH OF THE DAY				
Turkey & Cheese Torta <i>Side of Baked Fries</i>	Smoked Turkey & Cheese Sandwich on Knot Roll <i>Baby Carrots</i>	Chicken Salad Sandwich <i>Celery Sticks</i>	Italian Turkey Submarine <i>Garbanzo Bean & Tomatoe Salad</i>	Smoked Turkey & Cheese Sandwich on Knot Roll
FEATURED ENTRÉE OF THE DAY				
31	1	2	3	4
7	8	9	10	11
14	15	16	17	18
		Firecracker Chicken w/Yakisoba Noodles Cabbage & Carrots	Chicken Burrito Bowl w/Black Beans & Rice	Hamburger
		Celery Sticks	Jicama Sticks	Lettuce, Tomato, Pickle Kit
		Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
21	22	23	24	25
Grilled Chicken Sandwich Oven Baked Fries <i>BBQ Sauce Packet</i>	Chicken Teriyaki Not So Fried Rice <i>w/Steam Carrots</i>	Breakfast for Lunch: Pancake, Egg Patty & Seasoned Potatoes <i>Syrup</i>	Chicken Fajitas w/Pinto Beans <i>Tortillas</i>	Macaroni & Cheese
Baby Carrots	Baby Carrots	Celery Sticks	Jicama Sticks	Romaine Salad w/ Ranch Dressing
100% Fruit Juice	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
28	29	30	31	1
Chicken Patty Burger Oven Baked Fries	Chicken Alfredo Pasta w/Steamed Broccoli	Chicken Enchilada w/ Creamy Green Salsa	Turkey & Bean Chili <i>Poptillas Chips</i>	Beef, Bean & Cheese Burrito
Baby Carrots	Baby Carrots	Celery Sticks	Baby Carrots	Romaine Salad w/ Ranch Dressing
100% Fruit Juice	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit

All entrées served with choice of 1% milk, fat free or chocolate milk. All grain items offered are Whole Grain Rich.

MENU SUBJECT TO CHANGE WITHOUT NOTICE



This institution is an equal opportunity provider.