MARK WEST UNION SCHOOL DISTRICT

Breakfast Menu

May/June 2023

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Tuesday	Wednesday	Thursday	Friday
Apple Jacks	Frosted Flakes	Fruit Loops	Frosted Flakes
w/ Honey Grahams	w/ Cinnamon Grahams	w/ Honey Grahams	w/ Cinnamon Grahams
2	3	4	5
Apple Jacks w/ Honey Grahams Banana Whole Fruit Milk	Pan Dulce 100% Fruit Juice Whole Fruit Milk	Froot Loops w/ Honey Grahams Orange Whole Fruit Milk	Cinnamon Delight Pear Whole Fruit Milk
9	10	11	12
Apple Jacks w/ Honey Grahams Banana Whole Fruit Milk	Apple Berry ZeeZee Bar 100% Fruit Juice Whole Fruit Milk	Froot Loops w/ Honey Grahams Orange Whole Fruit Milk	Cranberry Oatmeal Round Pear Whole Fruit Milk
16	17	18	19
Apple Jacks w/ Honey Grahams Banana Whole Fruit Milk	Blueberry Muffin 100% Fruit Juice Whole Fruit Milk	Froot Loops w/ Honey Grahams Orange Whole Fruit Milk	NO SCHOOL NON-INSTRUCTIONAL DAY
23	24	25	26
Yogurt Parfait w/ Strawberries Honey Grahams Whole Fruit Milk	Cinnamon Roll 100% Fruit Juice Whole Fruit Milk	Froot Loops w/ Honey Grahams Orange Whole Fruit Milk	Blueberry Mini Muffin & String Cheese Pear Whole Fruit Milk
30	31	1	2
Apple Jacks w/ Honey Grahams Banana Whole Fruit Milk	Pan Dulce 100% Fruit Juice Whole Fruit Milk	Froot Loops w/ Honey Grahams Orange Whole Fruit Milk	Cinnamon Delight Pear Whole Fruit Milk
	Apple Jacks w/ Honey Grahams 2 Apple Jacks w/ Honey Grahams Banana Whole Fruit Milk 9 Apple Jacks w/ Honey Grahams Banana Whole Fruit Milk 16 Apple Jacks w/ Honey Grahams Banana Whole Fruit Milk 23 Yogurt Parfait w/ Strawberries Honey Grahams Whole Fruit Milk 30 Apple Jacks w/ Honey Grahams Whole Fruit Milk Teas Apple Jacks W/ Strawberries Honey Grahams Whole Fruit Milk Teas Whole Fruit	Apple Jacks w/ Honey Grahams 2 Apple Jacks w/ Honey Grahams Banana Whole Fruit Milk 9 Apple Jacks w/ Honey Grahams Banana Whole Fruit Milk 16 Apple Jacks w/ Honey Grahams Banana Whole Fruit Milk 16 Apple Jacks w/ Honey Grahams Banana Whole Fruit Milk 16 Apple Jacks w/ Honey Grahams Banana Whole Fruit Milk 23 Yogurt Parfait w/ Strawberries Honey Grahams Whole Fruit Milk 30 Apple Jacks w/ Honey Grahams Whole Fruit Milk 30 Apple Jacks w/ Honey Grahams Banana Whole Fruit Milk 30 Apple Jacks w/ Honey Grahams Banana Whole Fruit Milk Milk	Apple Jacks w/ Honey Grahams 2 Apple Jacks w/ Honey Grahams 2 Apple Jacks w/ Honey Grahams Banana Whole Fruit Milk 9 10 Apple Jacks w/ Honey Grahams Banana Whole Fruit Milk Apple Jacks w/ Honey Grahams Banana Whole Fruit Milk Banana Whole Fruit Milk Banana Whole Fruit Milk Banana Whole Fruit Milk 16 17 Apple Jacks w/ Honey Grahams Banana Whole Fruit Milk Apple Jacks w/ Honey Grahams Banana Whole Fruit Milk 16 Apple Jacks w/ Honey Grahams Banana Whole Fruit Milk Apple Jacks w/ Honey Grahams Banana Whole Fruit Milk Apple Jacks w/ Honey Grahams Banana Whole Fruit Milk Apple Jacks Whole Fruit Milk Milk Apple

Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk. This institution is an equal opportunity provider.